

SAMPLE BREAKFAST MENU CYCLE: WEEK 1 - COLD COUNTERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Bread Basket	Daily Bakers Bread Selection including an ever changing selection of sliced and whole multigrain, wholegrain, white & sourdough breads & rolls, English muffins, crumpets, bagels, gluten free breads and all sorts of baked goodies sourced from local London bakers - Notting Hill Bakery & Rock Star Bakery				
Butters	Peanut Butter, Almond Butter, Salted Butter, Plant Butter & Peanut Free Wowbutter				
Jams & Spreads	Strawberry, Raspberry, Apricot, Marmalade, Nutella, London Honey Company Honey & Honeycomb				
Artisan Local Pastries	Selection of Artisan Pastries including a regularly changing selection including the likes of croissants, pain au chocolat, pain aux raisins, almond croissants, cinnamon buns, vegan pastries, fruit pastries, cronuts, American muffins and much more... sourced from local London bakers - Notting Hill Bakery & Rock Star Bakery				
Toast Toppers	Dill Cream Cheese & Gherkin	Smashed Avocado & Chilli Jam	Tallegio, Walnuts & Honey	Peanut Butter, Banana & Candied Bacon Jam	Orange Zested Ricotta, Blushed Cherry Tomatoes & Basil
Grab & Go Breakfast Pot	Soy Yoghurt, Apple Compote & Super Green Granola Pot	Smooth Peanut Butter Coconut Yoghurt, Toasted Coconut, Crushed Raspberry	Quinoa Bircher, Roasted Plum Jam, Pecan Crumble	Turmeric Soy Yoghurt, Spiced Apple & Pear, Maple Crunch	Whipped Greek Yoghurt, Clementine Compote, Toasted Seeds

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DIY Juice Bar	A daily changing selection from the following: Carrots, Celery, Beetroot, Apple, Pears, Ginger, Watermelon, Galia, Honeydew, Cantaloupe Melon, Pineapple, Cucumber, Tomatoes, Kale, Baby Spinach, Lemons, Limes, Grapefruits, Oranges, Turmeric and more!				
DIY Smoothie Bar	A daily changing selection from the following: Banana, Seasonal Berries, Peaches, Mango, Kiwi, Avocado, Melon, Coconut Water, Yogurt, Soya Yoghurt, Chia Seeds, Oats, Apple Juice, Orange Juice and much more...				
Yoghurt Bar	A daily changing selection from the following: Greek Yoghurt, 0% Fat Yoghurt, Fruit Yoghurt, Quark, Skyr, Coconut Yoghurt, Soya Yogurt, Seeds, Freshly Cut Fruits, Seasonal Berries, Left-Over Fruit Compotes, Super Green Granola, Gluten Free Granola, Peanut Praline and more!				
Cereal Bar	A daily changing selection from the following: Weetabix, Bran Flakes, Shreddies, Cornflakes, Granola, Muesli, Gluten Free Granola and more....				
Continental Breakfast	A daily changing selection from the following: English, Italian, French & Spanish Cured Meats & Cheeses with Homemade Surplus Fruit & Veg Chutneys				
The Fruit Basket	A seasonally changing selection including the likes of: Apples, Pears, Plums, Peaches, Bananas, Oranges, Satsumas and more!				

SAMPLE BREAKFAST MENU CYCLE: WEEK 1 - HOT COUNTER

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Breakfast	Hot Smoked Salmon, Chive & Citrus Zested Cream Cheese, Crispy Focaccia Slice	Grilled Lincolnshire Sausage, Cotswold Golden Yolk Egg, Toasted Brioche Bun	Turkish Eggs, Pickled Chilli, Crispy Shallots, Pumpkin Seeds	Huevos Rancheros, Crispy Tortilla Chips, Smoked Brindisa Chorizo	Maple Cured Streaky Bacon, Belgian Waffle, Blueberries
Porridge	Porridge	Oat Milk Porridge	Porridge	Coconut Milk Porridge	Porridge
Porridge Toppers	A daily changing selection from the following: Sunflower Seeds, Pumpkin Seeds, Mixed Dried Fruits, House Granolas, Honey, Maple Syrup, Chocolate Chips, Banana, Jams & Compotes				
Daily Special Porridge Topper	Banana, Nutmeg & Raisins	Cherry & Chia Seed	Flaked Almond & Dates	Walnuts, Pear & Ginger	Peaches & Raspberries